

GreySheeters Anonymous World Services

Role of Group Service Representative

Amended December 2021

This is a description of the role of the Group Service Representative (GSR) in GreySheeters Anonymous. It is based on the role of the GSR in A.A. which is described in Chapter II of the A.A. Service Manual.

“Each Group should be Autonomous”

Tradition Four

A GSR serves at all three levels of the GreySheeters Anonymous structure. Since each group and each intergroup is autonomous except in matters affecting other groups or GSA as a whole, groups and intergroups may have additional expectations for their GSRs. This document describes the generally accepted responsibilities. It is a guide for those interested in serving their group as a GSR. In addition, the World Service Conference has minimum expectations for GSRs to serve at the World Service level since their work influences GSA as a whole.

Election, Abstinance, and Rotation

Term

Each GSA group elects a GSR to serve a two-year term beginning immediately after the WSC meeting (usually in October). Should a vacancy occur during the term, the group elects a GSR to complete the current term who may be re-elected after the WSC meeting for a complete two-year term.

Abstinance

The abstinance requirement for a GSR is one year. Should a group not have a qualified member available, the group may elect one or more member to serve the duties described here (chair business meetings, attend intergroup meetings, attend World Service informational meetings, etc.) but those members will not be voting members of the intergroup or the conference.

Rotation

There is no maximum number of terms a GSR may serve although observing the Twelve Step fellowship tradition of rotation of service is suggested.

There is no position of GSR-Elect or GSR-Emeritus as there is for Intergroup Service Representatives. Members considering service as a GSR are encouraged to work with the current GSR to familiarize themselves with the duties of a GSR. GSRs rotating out of service are encouraged to mentor new GSRs.

Duties of the GSR

Group Level

The essence of the GSR's role at the group level is to facilitate the group's primary purpose – to carry the GreySheet message to compulsive eaters. The GSR connects the group to the experience and guidance of the intergroup and the fellowship as whole. Effective GSRs typically:

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1. Chair a regular business meeting to ensure that the group:
 - a. makes decisions that align with the Twelve Traditions
 - b. practices the Seventh Tradition
 - c. has a regular rotation of the necessary trusted servants
 - d. knows what is going on in the intergroup and World Service
2. Take a Group Conscience on any immediate questions between business meetings
3. Make sure someone takes, distributes, and files the minutes of the regular business meeting and any group conscience meetings.

Intergroup Level¹

Represent their group on matters that affect all groups in the group's intergroup area:

1. Attend the regular intergroup meeting to inform the intergroup about their group's needs.
2. Participate in decisions about services to address the needs of groups in the area.
3. Elect an Intergroup Service Representative to represent the intergroup at the World Service level.

World Service Level²

Represent their group on matters that affect all groups in GSA:

1. Serve as a delegate to the World Service Conference:
 - Participate on a World Service Conference committee throughout the conference year. The work of the World Service Conference occurs throughout the year. WSC committees develop and deliver services to GSA as a whole. The amount of time required varies.
 - Committees meet on varying schedules – some twice a month, some quarterly.
 - Committees typically have subcommittees which may also meet regularly.
 - Participate in the WSC meeting. To prepare for the WSC meeting, delegates attend three sets of meetings:

¹ A group may decide that it does not want to be involved in its area intergroup, receive intergroup services, or participate in its area intergroup decision-making. In that case, the group would not expect its GSR to attend intergroup meetings and report back to the group.

² A group may decide that it does not want to be involved in GreySheeters Anonymous World Services, receive services from GSA, or participate in World Service level decision-making. In that case, the group would not expect its GSR to join a committee and attend the WSC meeting.

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- *Committees Connecting* meetings
on the second Sunday of each month at 12 PM ET.
The Communication Committee hosts these meetings so that each committee can share with the other committees what they are working on and what they plan to propose at the WSC meeting. GSRs bring these proposals back to their groups for their input. The GSR then brings their group's input to the committees. All are welcome to participate in *Committees Connecting* so GSRs encourage their group members to attend.

 - Twelve Traditions and Twelve Concepts for World Service
Third and fourth Sundays of each month at 1 PM ET.
Delegates read the chapter in the *A.A. Twelve Steps and Twelve Traditions* or the *A.A. Service Manual* before the meeting. Participants share about applying the Concept or Tradition to their work as delegates. Many find the discussion valuable even if they have not read the chapter. All GSA members are welcome to participate.

 - Delegate Trainings 1 and 2
Each offered twice.
Training 1 held immediately after registration in the Spring on how to prepare for the WSC meeting.
Training 2 held immediately before the WSC meeting in the Fall on how to participate in the WSC meeting.
2. Attend and encourage attendance at Quarterly Town Halls
on the last Sunday of January, April, and July at 11 AM ET.
Town Halls are open forums for members of the fellowship to ask questions, make suggestions, and raise concerns to the Board of Trustees and the World Service Conference committees. GSRs encourage their group members to attend and attend themselves to hear updates.
 3. It is also helpful to subscribe to *Service Matters* where the links and notes for these meetings and other World Service updates are published. GSRs share information from *Service Matters* with their groups.

Changes to this Document

The originating committee and the Board of Trustees may make spelling, grammar, or formatting corrections to this document. The originating committee may make minor content changes to this document for clarity and to ensure it aligns with other GreySheeters Anonymous World Services decisions. The originating committee will follow the World Service Conference approval process for any substantive changes to the content.

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Approval Dates

Structure Committee	4/25/2021
Increase abstinence requirement to one year	12/5/2021
Committee Chairs & Intergroup Service Representatives	5/9/2021
Increase abstinence requirement to one year	2/20/2022
Board of Trustees	5/16/2021
Increase abstinence requirement to one year	2/20/2022
World Service Conference	

More information

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Interim