

GSA Nottingham Round Up (UK)

Theme: Willing to go to any lengths

“If you want what we have to offer and are willing to go to any length to get it, then you are ready to take certain steps”

Join us to share a day of abstinence and recovery in Nottingham

The venue:
Self Help Nottingham
Ormiston House
32-36 Pelham Street
Nottingham
NG1 2EG

Date: 15th May 2010

Time: Registration from 9.30am, event starts at 10am, close 5pm.

The venue is based in the city centre, within close proximity to the train/bus station. (Nottingham is also home to East Midlands Airport if you are considering coming from overseas) If you are travelling from London by train two single tickets on East Midlands Trains can often work out cheaper than a return ticket. <http://www.eastmidlandstrains.co.uk/EMTrains>

Suggested donation of £5.00 to cover expenses for the day, tea and coffee will be provided, please bring your own lunch. The venue has abstinent friendly facilities such as fridge and microwave.

We look forward to sharing a day of abstinence and recovery with you.

Contacts:

Chloe chloe.meza@yahoo.co.uk Susan kerrsusana@sky.com

Directions:



When using the tram: Fletcher Gate is the nearest stop to Pelham Street. This is one stop from the Railway Station.

To the railway station

Getting to the building

Self Help Nottingham's office is in Ormiston House, situated on Pelham Street which is in Nottingham City Council's Clear Zone. This means that vehicles cannot enter the area marked as Clear Zone between the hours of 10.00am to 4.30pm seven days a week. The Clear Zone usually covers pedestrianised roads. Vehicles can enter Pelham Street outside these hours for loading and unloading only. Loading and unloading is defined as not leaving the vehicle for more than ten minutes without being revisited and up to a total of twenty minutes without attracting the attentions of a traffic warden.

Vehicular access to Pelham Street:

- from Lower Parliament Street via Broad Street, right into Carlton Street, right into George Street, left into Lincoln Street and left down Clumber Street. (There is now no access via Thurland Street.) Pelham Street runs up the hill from the bottom of Clumber Street on the left.
- from Fletcher Gate, turn right at the junction of Victoria Street and immediately left into Pelham Street. Pelham Street is now two-way, although the signs don't yet indicate this. To exit Pelham Street it might be best to do a U turn and exit the same way as entering. At the top of Pelham Street there is no right turn back towards Fletcher Gate, instead turn left and left again into George Street.

Ormiston House is situated about half way along Pelham Street between a fashion shop and the Pit and Pendulum pub and opposite Ladbrokes.

Transport

Public transport

There are bus stops on George Street, Parliament Street, Trinity Square and Milton Street. George Street is the nearest with a down hill walk to Ormiston House. From:

- George Street is the nearest with a short up-hill walk and then down hill on reaching Pelham Street.
- From Milton Street the walk is almost flat with a short up-hill on entering Pelham Street.
- From Burton Street there is a down hill section leading onto Milton Street
- From Parliament Street the walk is almost flat with a short up-hill on entering Pelham Street

Trams run regularly from the railway station. The nearest tram stop is on Fletcher Gate, which is one stop from the station, with a down hill walk to Ormiston House.

Taxis

Taxis are now allowed into Thurland Street for dropping off and picking up at any time. This is the nearest point to Ormiston House for vehicular traffic and is a short walk away including a short up-hill into Pelham Street. Thurland Street is accessed via Parliament Street, Broad Street, right into Carlton Street, right into George Street, left into Lincoln Street and left into Thurland Street.

The nearest taxi rank is on Carlton Street but isn't used 24 hours. The next nearest is on Wheeler Gate, just off the Market Square.

Fon-a-Car, private hire is situated on George Street/Parliament Street corner and can be contacted on 0115 924 0240

Parking

There is on-street pay and display parking around the city with pay machines close by. Broad Street and Heathcote Street are the closest on-street parking areas to Pelham Street. On-street parking is free after 6.00pm. The nearest public car park is on Fletcher Gate. The charge is £1.20 per hour up to 5 hours when the charge is £5.00 or £2.20 in the evening after 6.00pm.