

GREYSHEETERS ANONYMOUS MEETINGS - METROPOLITAN NEW YORK AREA & LONG ISLAND

All meetings one hour unless indicated. ' WC'= Wheelchair Accessible.

THIS PDF IS UPDATED AS OF DECEMBER 2, 2011

Call Greysheet telephone information line 1-888-GREYSHEET for New York area meeting information with phone contacts instead of email addresses

MEETING LIST CHANGES: Please inform Pam W, bandpwood@aol.com; and Email Pam to receive monthly updates of meeting list.

NOTE: EMAIL FOR TIME OF MONTHLY INTERGROUP MEETING

GSA METRO INTERGROUP, INC. meets the first Saturday of each month. All Greysheeters are welcome! Elected Group Representatives can make motions and vote. For info contact Theda -- thedascott@earthlink.net Mail contributions to PO Box 1741, NY NY 10150.

MANHATTAN	MON	TUE	WED	THUR	FRI	SAT	SUN
EASTSIDE LUNCH – St. Bart’s Church , 325 Park Ave (50/51 Sts) enter thru main church – go straight back to Welcome Ctr. Mary B - marathonmary83@hotmail.com GS lunch OK. WC access thru garden, E 51 & Park Ave		12:00 PM Q'n					
HARLEM – Boys & Girls Harbor , 1230 Fifth Ave (E. 104/105 Streets) (also 1 E. 104 St.), Rm 454; Qual; Steve stvnwlms@yahoo.com , Jameelah jameelah_r@yahoo.com WC		:				2-3:30 PM Qual	
EAST 125 ST, Harlem Child-rens Zone 35 E.125 St. Jameela, jameelah_r@yahoo.com ; regular time 7:00 PM, * Summer hours July & Aug meets 6:30 WC		7:00 PM (6:30* summer)					
TIMES SQUARE LUNCH – Times Square Arts Bldg , 300 W. 43 St (SW corner 8 th Ave). For room, check at desk on 5 th floor (downstairs list not always accurate). Jennifer - jenniferturnip@yahoo.com , (Mon) Pat H- pathpics@hotmail.com , Phoebe - phoebennett@yahoo.com . GS lunch OK . WC	12:30 PM Qual				12:30 PM Qual		
SOLDIERS CLUB , 283 Lexington Av (between 36 & 37 Streets) OPEN ALL HOLIDAYS - wheelchair lift Sat 8:30-9:45 AM Step; Helen hsinger@rssnyc.org Sat10:00-11:30 Qual; Jacqui singdiva32000@yahoo.com Sun 7:15 AM Rotating Lit; *Last Sun. each month, anniversary celebrants qualify on Lit. of their choice Sun 8:30-9:45 AM* Back To Basics / Tools Sun 10:00—11:30 Tools; contact for all 3 Sunday meetings is Mary B -- marathonmary83@hotmail.com *Sun 8:30, no pets except documented service animals						7:15 AM Lit/Anniv*	
						8:30-9:45 AM Step	8:30-9:45 AM Bas- ics/Tools
						10-11:30 AM Qual	10-11:15 AM Tools
UNION SQUARE – Realization Center, 25 East 15 St btw Union Square W. & 5 th Av, 7 th Fl; Jillian bluesybear@aol.com , Tapu tapuworld@hotmail.com No cell phones, no food, no drinks-only water. WC	Monday 7:45 PM	Please check in each week with receptionist (7 th floor) for room assignment. Bring ID & sign in with guard downstairs.			Friday 7:45 PM		
UPPER WEST SIDE – All Angels Ch , 251 W 80 Street (between Broadway & West End Ave). Penny S onecentfox@gmail.com				5:30 PM Qual			
WEST 14th ST. – Our Lady of Guadalupe at St. Bernard , Church Rectory, 328 W. 14 St (8 / 9 Av), ring bell.;Theda thedascott@earthlink.net * USUALLY CLOSED ON HOLIDAY MONDAYS.	5:45 PM Big Bk*						
WEST 63rd ST – Westside YMCA , 5 W 63 St (btwn Central Park West & Broadway), (Wheelchair, buzz + enter on W 64 St. ramp). WC							5:30 PM Qual
WOMEN’S MEETING. – Our Lady of Guadalupe at St. Bernard Church Rectory (Basement), 328 W. 14 St (btwn 8 & 9 Av) ring bell; Theda thedascott@earthlink.net			6:00 PM Women				

QUEENS							
FLUSHING , Queen of Peace RC Church, convent bldg, 141-15 77Rd, zip 11367, side entrance, basement; Geoffrey nlindenauer@gmail.com , Elizabeth dyyzlyzz301@hotmail.com .			5:45 PM Qual		5:45 PM Qual		
HOLLISWOOD (Jamaica) , Holliswood Hosp, 87-37 Palermo St, in the Atrium; *Rotates Step, Trad'n, Big Bk, Promises; Lydia F littlebigbabe@aol.com ; Rochelle rkimmel1567@yahoo.com GS BREAKFAST OK WC					NO MEETING Sun Oct 16, 2011, because of NYC GS ROUNDUP, 220 E 76 St, NYC		8:00 AM Lit** GS breakfast OK
ST. ALBANS Robert Ross Johnson Family Life Ctr, 172-17 Linden Blvd, Jamaica. keishawilliamslove@yahoo.com WC			6:00 PM				
BROOKLYN	MON	TUE	WED	THUR	FRI	SAT	SUN
BORO PARK – Public Library, 1265 43 rd St, Basement Mtg Rm; Rochelle rochelle.kimmel@gmail.com , Chavie denmw301@gmail.com . Closed on 8/9 and all legal holidays in 2011. WC		10:15 AM Big Book					
BROOKLYN HEIGHTS Realization Ctr, 175 Remsen St, 2 nd Fl., Tue—Mary grace2mary@optonline.net ; Thurs (LIT.)—Marcia veganstar1@aol.com WC		6:30 PM Qual		6:30 PM Literature			
FLATBUSH / MIDWOOD – 1517 Avenue H, Basement; Sarah A. Bhfine@aol.com .		7:30 PM WOMEN					
FLATBUSH – Salem Bapt.Ch, 303 E.21 St. at Albemarle Rd, elevator to 3 rd Fl, last classroom on left; Mary P. mlpenderg@aol.com						9:30 AM Qual	
SATURDAY MORNING SERENITY – Brooklyn Heights Realization Ctr, 175 Remsen St, 2 nd Fl., 9:45 Big Book—Marcia veganstar1@aol.com ; 11:00 AM Qualification--Henry henryrose@yahoo.com WC						9:45 AM Big Book; 11:00AM Qual	
LONG ISLAND - NASSAU COUNTY	MON	TUE	WED	THUR	FRI	SAT	SUN
MANHASSET BACK-T0-BASICS (emphasis on W&M) , St Ignatius Retreat House, 251 Searingtown Rd. No pets. Allen ajg1956@verizon.net , Linda Lindapo@optonline.net WC			8:00 PM Back to Basics				
MANHASSET , Unitarian Universalist Congregation, 48 Shelter Rock Rd; Mondays ***Jul & Aug meets 5 PM; Mon-Carolyn carolynngardenlover@nyc.rr.com ; Wed-David DEZCFE@aol.com . No Mon mtg 9/5, 10/10 & 12/26/11--will meet Tues: 9/6, 10/11 & 12/27/11	*** 8:00 PM Qual – or 5 pm summer		8:00 PM Qual				
MINEOLA , Winthrop Hosp, 259 1 st St (btw 1 st & Mineola Blvd.) Pediatrics Conf. Rm., N. Pavilion, Basement; Geoffrey nlindenauer@gmail.com Sat mtg, no pets. WC						9:30 AM Qual; No pets	9:00 AM Qual
SYOSSET , North Shore Univ Hosp, 221 Jericho Tpk., Downstairs Doctors's lounge behind cafeteria. WC				8:00 PM Qual			
WEST HEMPSTEAD , Wesley UM Church, 619 Fenworth Blvd (corn.Dogwood Av) in Franklin Square; Ari L. higherpower4me2@aol.com		8:00 PM Qual					
LONG ISLAND – SUFFOLK COUNTY	MON	TUE	WED	THUR	FRI	SAT	SUN
DEER PARK , Ascension Lutheran Ch, 33 Bayshore Rd, Rm 12; Marco marcopolohurt@yahoo.com WC							7:30 PM Qual
SAINT JAMES —“Another Suffolk Meeting!” St. James Epis. Church, 490 North Country Rd, NY 11780; Mon in nursery school; Fri in rectory. Terry TMRN@optonline.net WC-but a few stairs to restroom	7:30 PM Qual				7:30 PM Qual NO PETS		
SOUTH BAYSHORE / ISLIP , Southside Hosp, 301 E. Main St., Ground Fl., Board Room; Marco marcopolohurt@yahoo.com WC		7:00 PM Qual					
UPSTATE NEW YORK	MON	TUE	WED	THUR	FRI	SAT	SUN
ARMONK (Westchester Cty) , Hillside Church, 448 Bedford Rd (Rte 22). Alternates Big Book & Qual. Contact, Gwen gtorrenmw@verizon.net IMPORTANT: please email Gwen before coming WC		NOTE! email before coming	6:00 PM Qual'n Or BBk				
MONSEY (Rockland Cty) , 20 min. w. of Tappanee Bridge, 1 hr no. of NYC; Judy A, judya1214@gmail.com					9:15AM Big Book		
ONEONTA (Otsego Cty) , St James Epis. Ch., 305 Main St; Raina raina1@mac.com WC		5:00 PM Qual	IMPORTANT: EMAIL RAINA BEFORE COMING TO VERIFY MEETING AVAILABILITY				